

# AYLMER PIRATES



## 11U - Mosquito Parent Guide

Rev: May 18, 2023 Rev 4

## Schedule

Date	Diamond & Time	Home	Visitors
Session 1	Steen 7:30pm	MAK Virtual Phillies	Goodwills Used Car Pirates
24-May	Optimist 7:30pm	Inclusive Communities Rockies	Edward Jones Rays
Session 2	Steen 7:30pm	Inclusive Communities Rockies	MAK Virtual Phillies
31-Jun	Optimist 7:30pm	Edward Jones Rays	Goodwills Used Car Pirates
Session 3	Steen 7:30pm	Goodwills Used Car Pirates	Inclusive Communities Rockies
07-Jun	Optimist 7:30pm	MAK Virtual Phillies	Edward Jones Rays
Session 4	Steen 7:30pm	Inclusive Communities Rockies	Edward Jones Rays
14-Jun	Optimist 7:30pm	Goodwills Used Car Pirates	MAK Virtual Phillies
Session 5	Steen 7:30pm	Edward Jones Rays	Goodwills Used Car Pirates
21-Jun	Optimist 7:30pm	MAK Virtual Phillies	Inclusive Communities Rockies
Session 6	Steen 7:30pm	MAK Virtual Phillies	Edward Jones Rays
28-Jun	Optimist 7:30pm	Inclusive Communities Rockies	Goodwills Used Car Pirates
Session 7	Steen 7:30pm	Goodwills Used Car Pirates	MAK Virtual Phillies
05-Jul	Optimist 7:30pm	Edward Jones Rays	Inclusive Communities Rockies
Session 8	Steen 7:30pm	MAK Virtual Phillies	Inclusive Communities Rockies
12-Jul	Optimist 7:30pm	Goodwills Used Car Pirates	Edward Jones Rays
Session 9	Steen 7:30pm	Inclusive Communities Rockies	Goodwills Used Car Pirates
19-Jul	Optimist 7:30pm	Edward Jones Rays	MAK Virtual Phillies
Session 10	Steen 7:30pm	Edward Jones Rays	Inclusive Communities Rockies
26-Jul	Optimist 7:30pm	MAK Virtual Phillies	Goodwills Used Car Pirates

## Team Lists

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Edward Jones Rays	
Coach: Lisa Coleman	
Lincoln	Coleman
Landon	Coleman
Mason	Bailey
Cody	Franklin
Dylan	Babcock
Jarod	Renaud
Joseph	Bisante
Braxton	Dyck
Cooper	Pellow-Bartlett
Brielle	Dyck
Leah	Peters
Inclusive Communités Rockies	
Coach: William Vanraes	
Cailyn	Baker
Sean	Shaver
Presley	Sabourin
Marshall	Sabourin
Quintin	Duhamel
Marcus	Vanraes
Amelia	Siemens
Colt	Southwick
Hannah	Gregory
Cameron	Neville

Goodwills Used Cars Pirates	
Coach: Matt Fenn, Linda Fenn, Jill Laur	
Rory	zacharias
Karter	VanDyk
Jackson	Draper
Wyatt	Laur
Ryan	Riley
Johnny	Fenn
Savanna	Robilliard
Isabella	Dutra
Lauryn	Tracey
Liam	Woolley
Lucas	Robinson
MAK Virtual Phillies	
Coach: Roland Krahn	
Hayley	Been
Alivia	Taylor
Evan	Been
Mason	Adams
James	Zaborniak
Oli	Stockford
Jackson	Thompson
Hannah	Krahn
Judah	Zukowski
Jonathan	Danowski
Ryel	Zukowski

## Introduction

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Welcome to Aylmer Minor Baseball's 11U Mosquito program. This is a non-competitive, instructional program with an emphasis on teaching the fundamentals of baseball, having fun and stressing good sportsmanship. Each session will be approximately 90 minutes.

## Players Equipment

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Players require running shoes or cleats. Baseball pants are recommended. Shared bats and helmets are available, but players are free to bring their own. Only baseball approved bats are allowed, no softball bats. Players that plan on playing in the catching position should also wear an athletic cup.

## Equipment

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11U is played on a regular diamond with regular baseball equipment. Balls are pitched via a pitching machine in order to allow the players to learn how to hit pitched balls in a safe and controlled environment.

The following equipment will be given to each team or made available at each session:

- Bats (not exceeding 2 ¾ diameter)
- Bases
- Hitting tee's
- Helmets
- Baseballs
- Catchers equipment
- Assorted training equipment
- Pitching machine
- Electrical cord

## The Game

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Most of the standard 11U Rules published in the 2023 Baseball Ontario Constitution and By-Laws manual shall apply with some exceptions. The main rules and exceptions are as follows.

### Pitching Machine

- Pitching machine is placed a distance of 44 feet from home plate.

- An 8ft diameter safety circle shall be marked off around the pitching machine. No player shall enter this safety circle. Any ball that lands inside the safety circle shall be declared a dead ball and will be retrieved by a coach.
- The pitching machine can be altered only at the end an inning. Machine speed should be set to a maximum of 45mph and a minimum of 35mph. Height can be adjusted at any time.
- A ball that contacts the pitching machine will be called dead. The hitter will be given first base and each base runner will advance to the next base.
- One offensive coach will be required to feed balls into the pitching machine. This coach must avoid the live play and must not make contact with a hit ball or any defensive player.

### **Hitting**

- The batting order will be determined prior to the start of the game and will not change during the game. The batting order should be rotated each game to ensure each player gets to hit at the top of the batting order.
- Regular baseball pitch count of 4 balls and 3 strikes applies. A player cannot run on the third strike if it is dropped by the catcher. A foul ball does not count as a third strike.
- Batters must not throw the bat (intentional or unintentional) upon hitting the ball. After a thrown bat the play will be called dead. Players will receive one warning and a chance to hit again from the same strike count. Any further instances by the same player will result in the player being called out. All base runners will return to their starting base.
- No bunts or walks.
- Infield fly rule does not apply.
- Bats shall not exceed 2 ¾ diameter. Players may use their own bats if they are baseball approved. No softball bats will be used.

### **Fielding**

- One defensive coach will be allowed on the field to assist players. The coach must stand in a position to avoid being in the play.
- Defensive player in the pitching position at the pitching machine must be positioned behind the release point of the pitching machine.
- Defensive player in the catcher's position must wear catcher's equipment.
- There will be a maximum of 10 defensive positions consisting of 6 infielders and 4 outfielders.
- All players must play a different position from game to game. A player does not have to play certain positions such as catcher, pitcher or first base if they are not comfortable or not able to safely play the position.

### **Base Running**

- Runners cannot leave the base until the batter makes contact with the ball. Infractions will result in a dead ball and one warning. If player continues to lead off they will be called out. No stealing.

- In the case of a passed ball the base runner may only proceed to the base they are heading to. No extra base shall be awarded.
- Once a defensive player has gained control of the ball in the infield the base runners may only proceed to the base they were on path to.
- If the ball is hit into the outfield the base runners may advance until the ball is brought back into the infield.
- No pinch running.

### **General**

- If a team has less than 5 players they may bring players up from a 9U house league team in order to field 9 players.
- Each half inning will end after either 3 outs or once the batting team has scored 5 runs.
- A regulation baseball or any ball approved by the AMBA board will be provided for all games.
- No new inning shall be started after 8:45pm.
- Maximum number of innings to be played is 7 with a full game being 5 innings.
- No smoking or inappropriate language shall be used on the baseball grounds.
- The home team shall help setup the field and the visiting team shall help take down the field.
- Home teams use the first base dugout and visitor teams use the third base dugout.
- Infield practice can be held prior to the start of the game. Coaches should coordinate to share the field. Teams can practice together.
- A copy of the lineup should be shared with the other teams score keeper prior to the game.

### **Field Setup**

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- Pitching machine and pitcher are setup 44 feet from the back of home plate.
- Bases are 65 feet apart.
- An 8 foot diameter circle will be drawn around the pitching machine.
- Standard batters boxes and foul line marking.

### **Tips and Fundamentals**

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The below tips and fundamentals are to be used as a guide and should not be considered absolute.

#### **Hitting Fundamentals**

- Batters should stand adjacent to plate in an athletic position (feet shoulder width apart, back straight, and bent slightly at waist with butt out). Hands holding the bat should be together (not spaced) and above shoulder. Be sure to have players stand back far enough to be able to extend arms as the tendency at this age is to stand too close to the tee or plate.

- Beginners should swing in balance without spinning around, starting with the weight back. Follow through over opposite shoulder. Do not let the bat go.
- Advanced players can be taught the use of a timing step. Transferring power from the back leg forward.
- Bat selection – see chart below

WEIGHT	HEIGHT									
	3'-34"	3'5"-3'8"	3'9"-4'	4'1"-4'4"	4'5"-4'8"	4'9"-5'	5'1"-5'4"	5'5"-5'8"	5'9"-6'	6'1"-over
Under 60 Lbs	26"	27"	28"	29"	29"					
61 - 70	27"	27"	28"	29"	30"	30"				
71 - 80		28"	28"	29"	30"	30"	31"			
81 - 90		28"	29"	29"	30"	30"	31"	32"		
91 - 100		28"	29"	30"	30"	31"	31"	32"		
101 - 110		29"	29"	30"	30"	31"	31"	32"		
111 - 120		29"	29"	30"	30"	31"	31"	32"		
121 - 130		29"	30"	30"	30"	31"	32"	33"	33"	
131 - 140		29"	30"	30"	31"	31"	32"	33"	33"	
141 - 150			30"	30"	31"	31"	32"	33"	33"	
151 - 160			30"	31"	31"	32"	32"	33"	33"	33"
161 - 170				31"	31"	32"	32"	33"	33"	34"
171 - 180						32"	33"	33"	34"	34"
over 180							33"	33"	34"	34"

MOST POPULAR LENGTH BY AGE						
AGE	5-7	8-9	10	11-12	13-14	15-16
LENGTH	24"-26"	26"-28"	28"-29"	30"-31"	31"-32"	32"-33"

**Base Running Fundamentals**

- After hitting the ball, lay bat down – do not throw bat!
- Run directly to the base.
- Run through first base – teach player to not stop at the base.
- Tail towards foul territory on base hit (first base).

Remember to keep the fundamentals fun, basic and simple after all, the key to learning is by doing!

**Thank you for choosing Aylmer Minor Baseball. If you have any questions or comments please do not hesitate to contact us. / [www.aylmerminorball.com](http://www.aylmerminorball.com)**